
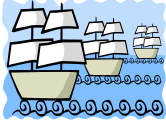




For SENIORS "60" PLUS  
Lunch Served at Noon  
Mon. Tue. Thur.Fri.

Susanville Nutrition  
1700 Sunkist Dr.  
. October 2017

Make Reservations  
1 day in advance  
Phone 257-2113

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Vegetarian Meal Leafy Greens Frozen Yogurt Apricots</p> <p>Whole Grain Roll Milk</p>	<p>3</p> <p>Sweet &amp; Sour Chicken Stir Fry Vegetables White Rice Apricots</p> <p>Milk</p>	<p>4</p> <p>DINING--CLOSED</p> 	<p>5</p> <p>Beef Stoganoff Beets Cole Slaw Oranges</p> <p>WW Bread Milk</p>	<p>6</p> <p>Pizza with Ground Beef Meat Sauce Swiss Chard Mixed Fruit</p> <p>Milk</p>
<p>9</p> <p>CLOSED Columbus Day</p> 	<p>10</p> <p>Mushroom Steak Mashed Potatoes Mixed Vegetables Juice Pears Roll Milk</p>	<p>11</p> <p>DINING--CLOSED</p>	<p>12</p> <p>Roast Turkey Bread Stuffing Sweet Potato Casserole Green Beans/Mushroom Cranberry/Orange Relish Ice Cream Milk</p>	<p>13</p> <p>Spaghetti-Meat Sauce Italian Succotash Green Salad Fruit Cocktail Juice Roll Milk</p>
<p>16</p> <p>Tamali Pie Green Salad Applesauce</p> <p>Roll Milk</p>	<p>17</p> <p>Tahitian Chicken Brown Rice Butternut Squash Mixed Fruit Pudding</p> <p>WW Bread Milk</p>	<p>18</p> <p>DINING--CLOSED</p>	<p>19</p> <p>Pork Chop Baked Potato Orange Glazed Carrots Spiced Apple</p> <p>Roll Milk</p>	<p>20</p> <p>Lasagne Steamed Spinach Green Salad Apricots Juice</p> <p>Roll Milk</p>
<p>23</p> <p>Grilled Cheese Sandwichj Navy Bean Soup Spinach Salad Cubed Pineapple</p> <p>ww Bread Milk</p>	<p>24</p> <p>Roast Chicken Brown Rice Marinated Vegetables Sliced Peaches</p> <p>Bread Milk</p>	<p>25</p> <p>DINING--CLOSED</p>	<p>26</p> <p>Pork Roast Peas/Cauliflower Acorn Squash Apple Slices Cake &amp; Ice Cream, Dinner Roll</p>  <p>Milk</p>	<p>27</p> <p>Sweet &amp; Sour Chicken White Rice Stir Fry Vegetables Mandarin Oranges</p> <p>Milk</p>
<p>30</p> <p>Turkey Chili Steamed Spinach Pears</p> <p>Corn Bread Milk</p>	<p>31</p> <p>French Dip Sandwich Tossed Green Salad Fruit Cup</p> <p>Garlic Bread 2% Milk</p>			<p>ALL DONATION ARE GREATLY APPRECIATED</p> 